

# Welcome To: The Pre-School Rooms

Our preschool classrooms operate as a cooperative (Co-Op) program, designed to create a collaborative and engaging learning environment for children, families, and educators. Within this model, children and teachers rotate every other day, allowing each child the opportunity to build strong, meaningful connections with both lead preschool teachers while experiencing consistency in care and instruction.

Our program follows a curriculum aligned with the Rhode Island Early Learning and Development Standards (RIELDS), ensuring that all activities and experiences support age-appropriate growth across developmental domains. Daily activities are thoughtfully planned through the co-op structure, providing a balance of guided learning, hands-on exploration, and child-led experiences.

We take great pride in fostering self-help skills and independence in our preschoolers, while continuing to provide the nurturing support and care they need to feel safe and confident. Children are encouraged to develop responsibility, problem-solving skills, and confidence in their daily routines. Each day in our classrooms includes a variety of enriching experiences such as free play, structured activities, and outdoor time, supporting both social-emotional development and physical well-being.

As part of our cooperative model, families play an active role in the classroom community. Snacks are provided through a monthly family sign-up system, with each family contributing in bulk to ensure that all children have access to consistent and healthy snack options. Through partnership, communication, and shared responsibility, our Co-Op program creates a warm, supportive, and dynamic environment where every child can learn, grow, and thrive.

# Pre-School Preperation Checklist

The following is a list of items that are recommended for starting the childcare program:

**\*\* Parent Communication will be sent through our Pro-Care & DOJO platforms, which you will be invited to\*\***

**\*\* WE GO OUTSIDE RAIN OR SHINE!\*\***

## Your child's backpack should contain:

1. Extra Clothing
2. Underwear **NO PULL UPS ALLOWED!**
3. Indoor Shoes
5. Water bottle. Please ensure the water bottle is dishwasher safe as it will be staying in the center and will be washed every day at the end of the day.
6. **Sleep Mat is to be ordered.** These items will also be staying in the center and will be sent home to be washed once a week or when needed, and need to be returned for the next week

## What to bring for outdoor gear:

1. *For winter weather:* snow pants, boots, jacket, hat, mittens/gloves, and neck warmer (spare mittens/gloves is recommended as they sometimes get dirty/wet.)
2. *For spring and fall weather:* rain boots, splash pants, jacket, hat, mitts
3. *For summer weather:* Bathing suit, sunscreen, water shoes, splash pants, summer hat

**Please ensure all your child's belongings (including everything listed above) are labeled with your child's name.**

## Steps to prepare your children for Childcare:

1. Talk to your child about typical preschool activities they may participate in during the program and compare these to similar activities you may already do at home. These could include, painting, drawing, singing songs and listening to stories.
2. Have your child help pack their backpack. Talk about school with your child and allow them to help with the preparation process. Allowing your child to get involved will promote excitement about this new adventure. In addition, ensure your child chooses the specific comfort item they wish to bring to childcare.
3. Develop and practice a "Goodbye" routine. The hardest part for children starting school is coping with separation anxiety. This is an emotional experience for both the parents and their children. It is normal. Children are very sensitive to your mood and can quickly pick up on your emotions. Therefore, it is important to have a clam and positive attitude

# Pre-School Routine

6:30am  
to  
11:30 am

- Breakfast
- Free Play/Exploration Toileting ( NO PULL UPS)/  
Hand washing
- Snack ( provided by families)
- Circle Time
- Art/sensory activity/ Curriculum
- Outdoor Walk/Play
- Toileting ( NO PULL UPS)/ Hand washing
- Transition indoors

11:30 am  
to  
2:45 pm

- Large Group Activity
- Toileting/ Handwashing
- Lunch
- Toileting
- Quiet Reading
- Nap ( **Must Provide Sleep mat**)
- Snack Time

2:45 pm  
to  
5:30 pm

- Outdoor Walk/Play
- Free Play/ Exploration
- Toileting/ Handwashing
- Snack/Small Activities
- Clean-Up

Please note this is a routine and not a schedule. We will put our best effort to accommodate each child throughout the day. Infants may nap/snack at different times. Additional snack may be offered. Thank you!